The following is not a comprehensive lesson plan but meant as suggestions that can be adapted according to the needs of your students and the composition of the class.

If you want to integrate the listening activities on this website into your lessons, you should complement them with some pre-computer and post-computer activities. One computer per student is required.

When you use the website for the first time, allow some time for the students to browse around the site and familiarise themselves with its structure.

## Pre-computer activities

Every listening activity is built around a video extract in which a speaker answers a question. Students should predict possible answers in pairs or small groups before they start listening to activate their knowledge of the topic and to provide the opportunity to use relevant language.

In addition and depending on the level of the students, it is possible to include a reading text that addresses one of the topics from the video extracts (e.g. English politeness, national character, social conditioning).

## Post-computer activities

The issues raised in the video extracts should provide controversial input for further discussions. These can focus around questions such as "How convincing is the nature theory provided by Fox as an explanation why men tend to cry less?"

A short summary for the video is part of one exercise and students can write their own summaries for the other extracts based on their notes. This will provide insights into the comprehension process of the students.

Alternatively, it is possible to use the listening exercises as a starter to work further on academic study skills that require the use of the computer. Students can be given the task to find relevant journal articles on the topic addressed in the video extract, thus developing the skill of using academic databases and to distinguish useful and reliable sources from others.